



# Multiple Messages

Post Office Box 60297 North Charleston, SC 29419  
www.CAMOM.org

September 2011

Charleston Area Mothers of Multiples

Volume 10 Issue 9

## *A Note from the President*

### **Hello MOM's!**

I am so looking forward to fall!! We are again making the trek to TN for the annual changing of the leaves. I enjoy the crisp fresh air after all the hot muggy weather. We are going in Oct. and will hopefully get to enjoy some S'mores as well. I know I am getting ahead of myself since it's almost just Sept., but as it cools down some I am getting excited. Speaking of which, we need to think about the Halloween party this year, any takers on throwing the party?? Please let me know! All you have to do is provide the place. The club will help with everything else. Everyone brings a snack and drinks. The kids are so cute all dolled up!! It's fun to do as a group effort as well if a few people want to throw the party.

We will be holding elections for the month of Sept. so if you are interested in holding an office please let us know. We are looking for fresh ideas and faces to revamp and revitalize the club. Even if you just have ideas for the club, please come join us at the meeting. The last meeting was awesome. There were a lot of MOMs out!! We enjoy the adult time and the camaraderie. There were also several children including mine, so please don't feel like you can't attend because you have your children. They are also welcome.

September is the month to renew your dues, please do so, so that your membership on Big Tent will save and you don't have to re-enter all that information. We also have to send in the dues to National and State but we can't until we have a good head count of all members. So, please renew today if you have not already. Thank you all for all your help with the club. Please continue to show your support by attending the meetings and giving your input.

Connie Moody  
CAMOM to Chase and Jackson (8 yrs.)  
and singleton, Gracie (11 weeks)

### **Next Events**

#### Monthly Meeting

**September 13th @ Jim & Nick's  
Tanger outlets 7 pm**

#### Summerville Support

**Sept. 3, 2011**

**Atlanta Bread Co.—Main St.  
Call or text if you plan on attending  
Contact Summer 843-814-9404**

#### Mt. Pleasant Support

**Tuesday, Sept. 20at 6pm at  
Qudoba in Towne Center  
Call or text if you plan on attending  
Christi 912-414-0320**

### **Inside This Issue...**

Officers & Teams	2
Birthdays	2
Secretary & Treasury Report	2
Open positions	3
Merchandise	3
SC Aquarium Discount	4
Pool Party	4
Thoughts	4
Cooking	5
Calendars	6-7

## Officers & Teams

**Interm Club President & V.P.**

Connie Moody  
873-4746  
em4semanon@sc.rr.com

**Secretary & Treasurer**

Keri Esthay-Miller

**Newsletter Editor & Web Master**

Kim Garcia  
camom.org@gmail.com

**Summerville Support**

Summer Reyes

**Mt. Pleasant Support**

Christie Sanders

**State & National Reporter**

Keri Esthay-Miller

## September Birthdays

^Will^, Madison & Caitlyn Liles 9/28/2001

### Siblings

### PARENTS

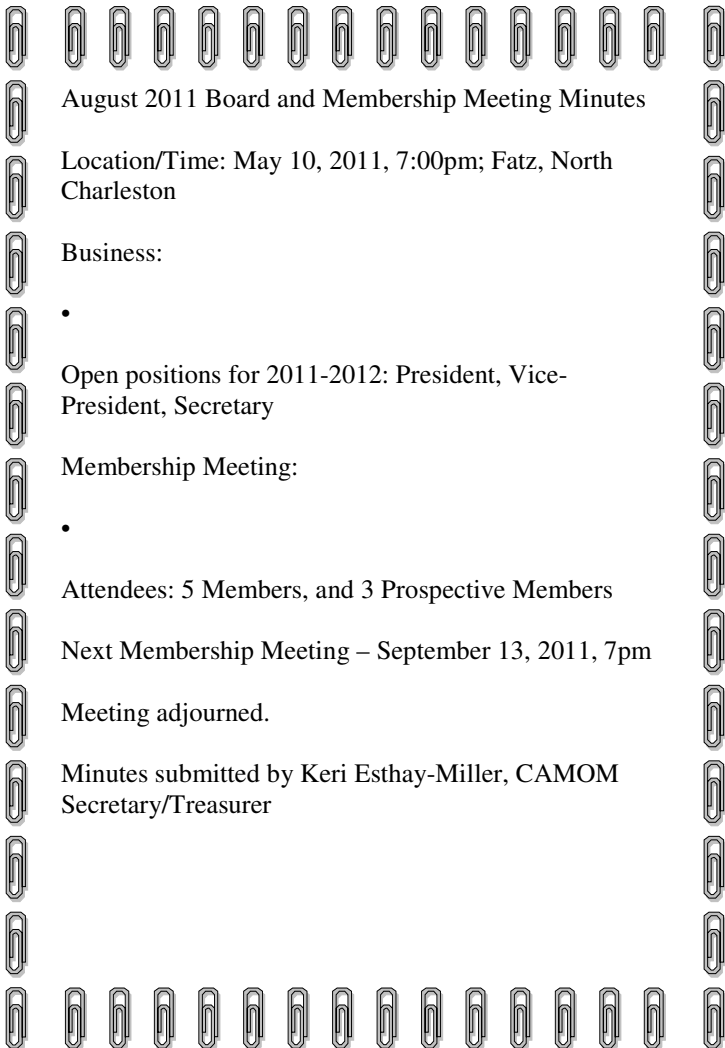
Lisa Mordecai	9/17
Andy Phillips	9/23
Christie Sanders	9/28

### ANNIVERSARIES

Alicia & Jason Reese	9/30
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Please make sure we have your current information on file. This info includes your address, phone number, e-mail address and family birthdays. This will help ensure everyone receives all info and updates! We appreciate your cooperation on this matter. Any changes make o www.BigTent.com--membership profile.



August 2011 Board and Membership Meeting Minutes

Location/Time: May 10, 2011, 7:00pm; Fatz, North Charleston

Business:

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Open positions for 2011-2012: President, Vice-President, Secretary

Membership Meeting:

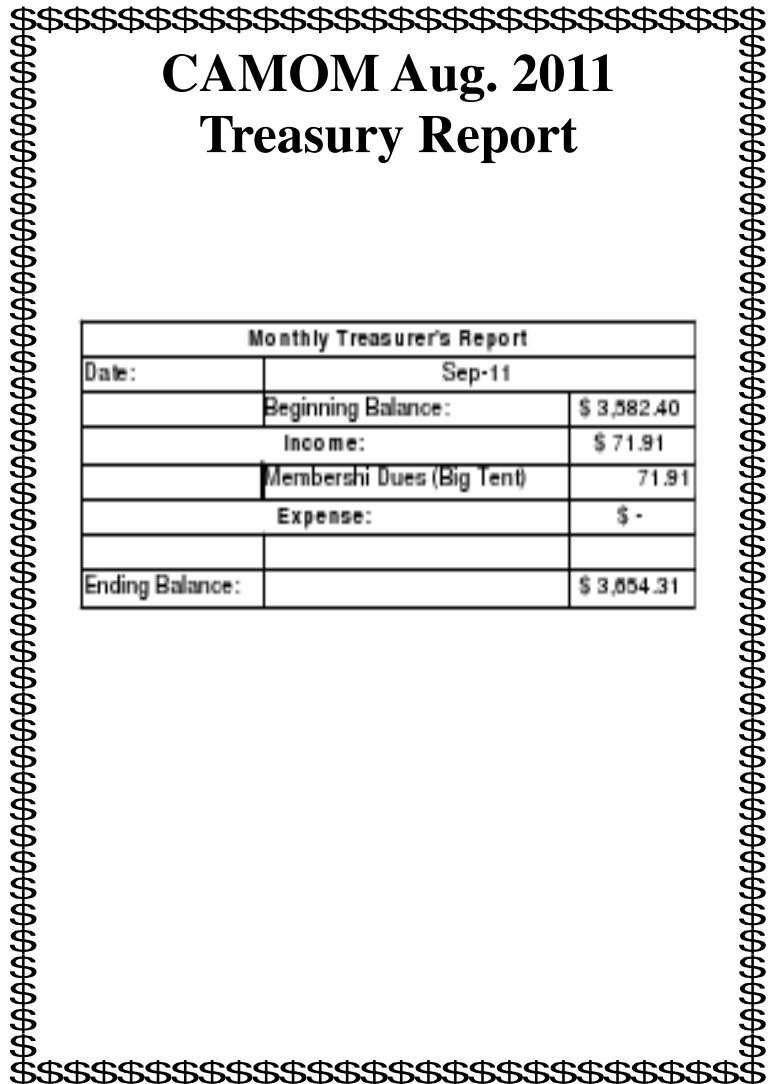
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Attendees: 5 Members, and 3 Prospective Members

Next Membership Meeting – September 13, 2011, 7pm

Meeting adjourned.

Minutes submitted by Keri Esthay-Miller, CAMOM Secretary/Treasurer



## CAMOM Aug. 2011 Treasury Report

Monthly Treasurer's Report		
Date:	Sep-11	
Beginning Balance:		\$ 3,582.40
Income:		\$ 71.91
Membershi Dues (Big Tent)		71.91
Expense:		\$ -
Ending Balance:		\$ 3,654.31

## Merchandise Available

Contact Connie Moody  
or get yours at the next meeting

### Ladies Shirts: aqua color

(There are also a few original gray t-shirts and long-sleeve T's in select sizes remaining  
Long sleeve shirts at \$12 for s-xl and \$14  
xxl)

### Men's shirt: burnt orange color

sizes:	small-xl	\$10
	xxl-xxxl	\$12

## CAMOM 2011-2012 Positions to be filled

*We need your help. Please volunteer.*

*Each position does not take much. Any little bit would be greatly appreciated.*

**President/ VP:** 1-2 year commitment, lead monthly meeting, coordinate events, communicate with National and PSPM.

**Secretary:** Attend and submit minutes at monthly meeting, communication with National and PSPM.

### **Sale Coordinator and team:**

- 1) Getting and Returning the racks
- 2) Setting up and taking down the racks
- 3) Helping at the sale - cash register
- 4) Helping at the sale—CAMOM merchandise
- 5) Totaling and balancing the sale



### Thoughts to Ponder

*Please text or call Summer or Christine prior to attending a support meeting. They love to help and would love to visit with any mom. The invitation is open every month. Some come out and spend an hour or two. Let's build our support groups back up!*

*We need help to fill any position...even if you have never held a position you can hold one. New ideas. New leaders, new blood is always good to a group.*

*We would like to increase participation to the group as a whole. This group has been great and can be great again. I remember when I first signed up to the group, it took me time to host playdates, go to a meeting, go to an event, and then volunteer for a position, And... let me tell you I have loved it and enjoyed it. My boys have gained so much from friendship, playdates, and events and always ask when we get to do it again. I know we are all busy moms and find it hard to possibly squeeze in one more thing... but really it doesn't take much and it is worth it! CAMOM newsletter editor*

### "Kids Say the Darndest Things"

A second grader came home from school and said to her mother, "Mommy, guess what? We learned how to make babies today."

Startled, the mom tried to say calm, not panic, and gather some more information. "That's interesting," she said, "How do you make babies?"

"It's simple," the girl replied. "You change the 'y' to 'i' and add 'es'."



# CAMOM Pool Party

***Come out and join us for an end of summer party!***

**When:** Sat. Sept. 10th

**Time:** 1-4 PM

**Where:** Garcia's Home

**RSVP** on the evite

**What to bring:**

**A-H:** appetizers

**I- P:** drinks

**Q-Z:** desserts

**Bring your swimsuit and towel**



**SC Aquarium**

### Discount for our group!!

If you are interested in membership to the aquarium, they have sent me information on a discount. Just mention that you are a member of CAMOM and this code (MG-11) and you will receive a \$10 discount.

## **Tub Tick Tac Toe** By: FamilyFun.com

### **What you need:**

- Fun Foam
- Scissors
- Ruler
- Pencil

### **1 How to Create it:**

1. Cut the Fun Foam into a tic-tac-toe grid, first use the ruler and pencil to divide a sheet into 9 equal squares. Cut out the grid so each line is roughly 3/4 inch wide.
2. Cut out at least 6 starfish and 6 minnows, making sure each fits within the squares of the grid.
3. Wet the pieces of foam and stick them to the sides of the tub.
4. Pick who will go first. The player with the pruniest fingers gets to go first.



## **Ham & Cheese Muffins—** FamilyFun.com

### **What you need:**

- 1 1/4 cups unbleached flour
- 3/4 cup fine yellow cornmeal
- 1/4 cup sugar
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup milk
- 2 large eggs
- 1/3 cup corn oil
- 1 cup finely diced ham
- 1/2 cup shredded cheddar
- 1/4 cup finely chopped chives or scallion greens
- 

### **Instructions**

1. Heat the oven to 375°. Coat a 12-cup muffin pan with cooking spray or line the wells with paper liners.
2. In a large bowl, whisk together the flour, cornmeal, sugar, baking powder, baking soda, and salt. In a medium bowl, whisk together the milk, eggs, and oil, then pour the mixture into the dry ingredients and stir until blended. Fold in the ham, cheese, and chives or scallions.
3. Spoon the batter into the prepared cups, filling each three-quarters full. Bake the muffins until their tops are lightly browned, about 20 minutes. Let them cool in the pan on a wire rack for 3 minutes, then turn them out onto the rack and let them cool completely. The muffins can be frozen in a plastic freezer bag up to three months.





# September 2011

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<u>Car Seat Safety Check:</u> 1st Tuesday of each month, Babies R Us, N. Charleston,				1	2	3 Home Depot Game Day board 9-12
4	5	6 <b>Summerville Support 7 pm</b>	7	8 Lowcountry Tot Swap @ fairgrounds 10-7	9 Lowcountry Tot Swap @ fairgrounds 10-7	10 Lowes build and grow school frame 10 am <b>CAMOM end of summer pool party@Garcia 1-4pm</b>
11	12	13 <b>CAMOM member mtg. 7 pm @ Jim &amp; Nick's @ Tanger</b>	14	15 Charleston Repeats @Omar Shrine	16 Charleston Repeats @Omar Shrine	17 Charleston Repeats @Omar Shrine
18	19	20	21	22	23	24 Lowes build and grow—fire truck 10 am
25	26	27 <b>Mt P. Support 7 pm Qdoba</b>	28	29	30	

## October 2011

**Sun      Mon      Tue      Wed      Thu      Fri      Sat**

						1 Home Depot
2	3	4 Summerville mtg 7pm	5	6	7	8 Lowes
9	10	11 Board mtg 7pm	12	13	14	15
16	17	18	19	20	21	22 Lowes CAMOM Hallow- een party??
23	24	25 Mt. Pleasant sup- port mtg.	26	27	28	29
30	31 Halloween					

## November 2011

**Sun.      Mon      Tue      Wed      Thu      Fri      Sat**

		1	2	3	4	5 Home Depot
6	7	8 Summerville mtg 7pm	9	10	11	12 Lowes
13	14	15 CAMOM install- ment dinner 7pm	16	17	18	19
20	21	22	23	24	25	26
27	28	29 Mt. Pleasant support mtg.	30			



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**ALL NEW & RENEWING MEMBERS PLEASE READ**

*We welcome all Mothers & "Mothers To Be" of Multiples to any of our meetings or planned events. Our meetings are held on the 2nd Tuesday of each month @ 7:00 pm at St. Francis Xavier Hospital, West Ashley.*

*Our dues are \$25 a year which includes membership to local, state and national organizations. Dues are not prorated during the year. Dues paid prior to March 31st covers membership thru September and allows for back copies of the National publication. Dues paid after April 1st will cover membership through September the following year. The national publication, The Notebook, is mailed out bi-monthly beginning with the September/October issue.*

*Please contact the Membership Officer for more information.*

***Publication Information***

Deadline for the newsletter is the 20th of each month.  
Please send information to Kim Garcia at [kgarcia2004@gmail.com](mailto:kgarcia2004@gmail.com) or [camom.org@gmail.com](mailto:camom.org@gmail.com) Please put name on all submissions.

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